Catechesis Notes for the Week — Psalm 70 — A Prayer for Deliverance from Those Who Hate Christians — King David, with all his worldly power and might still confesses, “I am poor and needy; Make haste to me, O God! You are my help and my deliverer.” This is the true faith of every Christian. We are surrounded by those who hate the Gospel of Christ and loathe our confession of faith in Jesus. They taunt and ridicule Christians and their beliefs. They seek our lives and desire our hurt. They treat us with scorn and bitter contempt saying, “Aha, aha!” Every evil name and accusation is hurled against us because of our faith in Christ. In the face of this, David teaches us to commend ourselves to God. He will come to our aid in suffering and persecution to deliver us according to His will and to further the cause of the Gospel. Therefore, we commend ourselves to Him with confidence. “Let all those who seek You rejoice and be glad in You; and let those who love Your salvation say continually, ‘Let God be magnified!’”

The Order of Meditation and Prayer

Pray and confess out loud as much from the order of meditation and prayer as you are able, or as your family size and ages dictate. Learn by heart the verse, catechism, and hymn of the week.

Theme: Jesus Set His Face to Go to the Cross for Us!

Invocation
In the name of the Father and of the Son and of the Holy Spirit. Amen.

Apostles’ Creed

Verse: John 6:35b
I am the bread of life.
He who comes to Me shall never hunger,
and he who believes in Me shall never thirst.

Psalm 70 and/or the appointed daily psalms listed below.

Prayer on the Psalm: Almighty and everlasting God, I am poor and needy. Many despise my confession of faith in the Lord Jesus and seek to destroy my life and everything I believe in and hold dear. Deliver me from those who rise up against me and teach me to rejoice in the salvation of Your Son who suffered every form of evil in order to redeem us with His blood; through Jesus Christ, our Lord. Amen.

Daily Psalms

<table>
<thead>
<tr>
<th>Morning</th>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>10</td>
<td>14, 15</td>
<td>18, 16</td>
<td>19, 20</td>
<td>22</td>
<td>26, 27</td>
<td>30</td>
<td>32</td>
</tr>
<tr>
<td>Evening</td>
<td>11, 12</td>
<td>13</td>
<td>17</td>
<td>21</td>
<td>23, 24</td>
<td>25</td>
<td>28, 29</td>
<td>31</td>
</tr>
</tbody>
</table>

Bible Readings for the Week:

<table>
<thead>
<tr>
<th>Bible Narrative</th>
<th>Second Reading</th>
</tr>
</thead>
<tbody>
<tr>
<td>Quinquagesima: A Blind Man Receives His Sight — Lk. 18:31-43</td>
<td>Matthew 11:25-30</td>
</tr>
<tr>
<td>Ash Wednesday: Consecrate a Fast — Joel 2:12-19</td>
<td>Matthew 6:1-6, 16-21</td>
</tr>
<tr>
<td>The Death of the Firstborn Is Announced—Exodus 12:1-14</td>
<td>John 10:16-21</td>
</tr>
<tr>
<td>Lent 1: Genesis 3:1-21</td>
<td>Hebrews 4:14-16</td>
</tr>
</tbody>
</table>

The Catechism: The Sacrament of the Altar — Where is this written? What is the benefit…? How can bodily eating…?

Where is this written? The holy Evangelists Matthew, Mark, Luke, and St. Paul write:

Our Lord Jesus Christ, on the night when He was betrayed, took bread, and when He had given thanks, He broke it and gave it to the disciples and said:

“Take, eat; this is My body, which is given for you. This do in remembrance of Me.”

In the same way also He took the cup after supper, and when He had given thanks, He gave it to them, saying, “Drink of it, all of you; this cup is the new testament in My blood, which is shed for you for the forgiveness of sins.

This do, as often as you drink it, in remembrance of Me.”

What is the benefit of this eating and drinking?

These words, “Given and shed for you for the forgiveness of sins,” show us that in the Sacrament forgiveness of sins, life, and salvation are given us through these words. For where there is forgiveness of sins, there is also life and salvation.

Second Grade +

Kindergarten +

First Grade +
In Our Prayers at Peace, and the Collect for the Week

**Prayer before Receiving the Lord’s Supper**

Lord God, heavenly Father, I come to the altar at Your invitation to receive the holy body and the precious blood of my Savior Jesus Christ. I confess to You all my sins. I am heartily sorry for them. For Jesus’ sake, I forgive my enemies and all who have sinned against me. I believe that You give me the forgiveness of sins and the gift of new life and salvation through the body and blood of my Savior. Through the Lord’s Supper strengthen my faith in Christ, increase my love for others, grant me faithfulness in my vocation, and give me the joyous hope and confidence of eternal life and salvation in Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

**Prayer for Faith in Jesus’ Words in the Sacrament of the Altar**

O Lord Jesus, by Your words “Given and shed for you for the forgiveness of sins” You teach us to believe that in the Sacrament “forgiveness of sins, life, and salvation are given us through these words.” We give thanks to You for the precious gift of Your body and blood. Forgive us for taking this gift for granted, for doubting Your promises, and for trusting in our own merits as we approach the altar. Give us firm faith in Your words that we might know with certainty that where there is forgiveness of sins in Your body and blood, that there is also life and salvation for us and for all who believe in Your promises: for You live and reign with the Father and the Holy Spirit, one God, now and forever. Amen.

**Prayers: Catechism Prayers, Daily Themes for Prayer (LSB p. 294), In Our Prayers at Peace, and the Collect for the Week**

**Collect for the Week of Quinquagesima Sunday:**

O Lord, mercifully hear our prayers and having set us free from the bonds of our sins deliver us from every evil; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

**Lord’s Prayer and Morning or Evening Prayer from the Catechism**

**Hymn of the Week “Lord, Help Us Ever to Retain” LSB 865**

**Looking forward to Invocabit Sunday— The First Sunday in Lent March 1, 2020**

**Hymns: 521, 656, 529, 418, 544, 655**

**1 Samuel 17:40-51:** In the lowliness of His humiliation and suffering, Jesus looked to be weak in the face of the Goliath of Satan, sin, and death. How could a lowly Shepherd defeat this colossal giant? David in his battle with the Philistine giant is a picture of how Jesus defeated Satan, sin, and death for us. The five stones in his pouch signify the Law. In Jesus’ obedience unto death He fulfilled the Law and the judgment against us, whereby defeating Satan and crushing his head. Satan has no authority over us because Jesus has defeated him. Like Goliath, Satan boasted of his power in egotistical pride. Like David, Jesus gave all glory to His Father and relied upon Him alone: “You come to me with a sword, with a spear, and with a javelin. But I come to you in the name of the Lord of hosts, the God of the armies of Israel … the Lord does not save with sword and spear; for the battle is the Lord’s.”

**Hebrews 4:14-16:** The High Priest interceded for the congregation before God. At the center of his work was officiating at the sacrifices and interceding for the people before God for forgiveness for their sins. Every Old Testament priest was taken from the sinful congregation and was himself sinful. Jesus, though He was without sin, was tempted in every way that we are and chose in love to bear our weaknesses and infirmities. Because of this He knows our need in every way and can help us in our time of need with His grace. We are bold to approach the throne of grace in confession of sins and the Sacrament of the Altar, knowing that we will obtain His mercy and find grace to help us in our time of need.

**Matthew 4:1-11:** “Man does not live by bread alone, but by every Word that proceeds out of the mouth of God.” Every step of the way in His time of testing and temptation from the evil one, Jesus quoted Scripture and defended Himself and the honor of His Father with the Word of God. Even when Satan twisted and misrepresented God’s Word, Jesus countered by faithfully proclaiming God’s Word in reply. As strange as it sounds to our ears, Jesus did not even rely upon Himself; instead, He relied solely upon His Father’s good and gracious Word. He was faithful unto death that we might be rescued from every manifestation of unfaithfulness from our sinful nature.