

The Congregation at Prayer

*A Guide for Daily Meditation and Prayer
The Week of The Transfiguration of Our Lord
February 15 through February 22, 2026*

Catechesis Notes for the Week — This is My body. In the Lord's Supper Jesus gives us His body to eat and His blood to drink. The Sacrament of the Altar rests upon the Word of God. Jesus' words give what they say. The power and benefits of the Sacrament are given through the Word. Take away the Word and there is no Sacrament. With the Word, there is a Sacrament, namely, "the true body and blood of our Lord Jesus Christ, under the bread and wine, instituted by Christ Himself, for us Christians to eat and to drink." What role does faith play in the Sacrament? Faith receives what the Word says. Faith believes in what the Word gives. Faith rests upon the promises of God. The essence of the Sacrament, that is, "what it is," is determined by the Word. This gives faith its certainty. We know we receive the body and blood of Christ for the forgiveness of all our sins, because the Word says so. Faith knows no other certainty but the promises of the Gospel.

The Order of Meditation and Prayer

Pray and confess out loud as much from the order of meditation and prayer as you are able, or as your family size and ages dictate. Learn by heart the verse, catechism, and hymn of the week.

Theme: This Is My Beloved Son in Whom I Am Well Pleased!

Invocation

In the name of the Father and of the Son and of the Holy Spirit. Amen.

Apostles' Creed

Verse: Acts 2:41a, 42

Those who gladly received his word were baptized...
And they continued steadfastly in the apostles' doctrine and fellowship,
in the breaking of bread, and in prayers.

Psalm 2:6-12 and/or the appointed daily psalms listed below.

Prayer on Psalm 2: Lord God, heavenly Father, we give thanks to You that You have given us Your beloved Son and set Him upon the holy hill of Your Church to bring the gift of light and life to us. Grant that all people may bow before Him and serve Him with fear and trembling, for He is a blessed refuge for all who trust in Him; through the same Jesus Christ, our Lord, who. Amen.

Daily Psalms	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning	71	73	75, 76	78	80	82, 84	85	88
Evening	72	74	77	79	81	83	86	87

Bible Readings for the Week:

	Bible Narrative	Second Reading
Sunday	Transfiguration: Matthew 17:1-9	
Monday	The Lord Goes with Moses to Egypt—Exodus 4:1-31	John 9:1-12
Tuesday	Moses Goes to Pharaoh—Exodus 5:1-23	John 9:13-23
Wednesday	Ash Wednesday: Joel 2:12-19	Matthew 6:1-6, 16-21
Thursday	The Lord Promises Deliverance—Exodus 6:1-13	John 9:24-34
Friday	The Lord Gives Signs—Exodus 6:28—7:25	John 9:35-41
Saturday	Lent 1: Genesis 3:1-21	Romans 5:12-19

Catechism: The Sacrament of the Altar—What is the Sacrament of the Altar? Where is this written?

What is Sacrament of the Altar?

First Grade +

It is the true body and blood of our Lord Jesus Christ

Under the bread and wine,

Instituted by Christ Himself

For us Christians to eat and to drink.

Where is this written?

Second Grade +

The holy Evangelists Matthew, Mark, Luke, and St. Paul write:

Our Lord Jesus Christ, on the night when He was betrayed, took bread, and when He had given thanks, He broke it and gave it to the disciples and said:
“Take, eat; this is My body, which is given for you.
This do in remembrance of Me.”
 In the same way also He took the cup after supper, and when He had given thanks, He gave it to them, saying,
“Drink of it, all of you;
this cup is the new testament in My blood, which is shed for you for the forgiveness of sins.
This do, as often as you drink it, in remembrance of Me.”

Kindergarten +

Prayers: Collect for the Week, Daily Themes for Prayer, and In Our Prayers at Peace

Collect for the Transfiguration of Our Lord

O God, in the glorious transfiguration of Your beloved Son You confirmed the mysteries of the faith by the testimony of Moses and Elijah. In the voice that came from the bright cloud You wonderfully foreshadowed our adoption by grace. Mercifully make us co-heirs with the King in His glory and bring us to the fullness of our inheritance in heaven; through the same Jesus Christ, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

Collect for Ash Wednesday

Almighty and everlasting God, You despise nothing You have made and forgive the sins of all who are penitent. Create in us new and contrite hearts that lamenting our sins and acknowledging our wretchedness we may receive from You full pardon and forgiveness; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

Daily Themes for Prayer — “Let us pray...”

- Sunday:** For the joy of the resurrection among us
- Monday:** For faith to live in the promises of Holy Baptism; for one's calling and daily work
- Tuesday:** For deliverance against temptation and evil and those struggling with besetting sins
- Wednesday:** For marriage and family
- Thursday:** For the Church and her pastors; and for fruitful and salutary use of the Lord's Supper
- Friday:** For the preaching of the holy cross of our Lord Jesus Christ and for the persecuted and oppressed
- Saturday:** For the renewal of those who are withering in the faith or have fallen away from Christ

In Our Prayers this Week — “Let us pray for...”

Baptismal anniversaries: Lynn Leider (2/16); Ashlynn Lueck, Doug Pom (2/17); Carol David (2/18); Deacon Matthew Gatchell, Cole Petersen (2/19); Simeon Schneider (2/21).

Wedding anniversaries: Bob and Geri Zaretzke (2/19).

The sick: Kathy May, recovering from surgery; Bob Corso and Marcy Gall recovering at home; Terry O'Neill, and Mark Anderson in rehab.

In cancer treatment: Bob Rothe, beginning treatment for a recurrence of cancer; Michael Piper (Bob Piper's brother), Melissa Brendel, Michael Gehl (friend of the Bruss family), Mary O'Flyng (acquaintance of the Rothe family), Tim Francis (brother of Cheri LaFore); Loretta Lampen; Ivy Kunkel, Tracy Espinosa, Ken Hinckle, Gary Luderman, Diane Bulawa, and Rev. Luke Boehringer.

Lord's Prayer and Morning or Evening Prayer from the Catechism

Hymn of the Week

“O Wondrous Type! O Vision Fair” (Stanzas 1-3)

413

Looking forward to the First Sunday in Lent

Hymns: 561, 656, 561, 656, 424, 666, 562, 418

February 22, 2026

Genesis 3:1-21: In this first temptation, and first sin, we see the importance of God's Word. God's Word was spoken to Adam when God gave him freedom to enjoy all that was in the Garden of Eden. To eat from the Tree of the Knowledge of Good and Evil was not good for it was not given them by God. Man fell into sin when he turned away from that Word that gave Him life.

Romans 5:12-19: In this wonderful epistle of encouragement, St. Paul teaches that Jesus is the Second Adam who, by His faithful and obedient suffering unto death, did what Adam failed to do. He trusted in the Father for us. He died in our place. He fulfilled the whole will and Law of God for us. It is called the “blessed exchange” that just as the disobedience of Adam brought sin and death “to the many” so the obedience of Christ brings righteousness, life, and salvation “to the many” through faith in Him.

Matthew 4:1-11: Man fell into sin when he turned away from that Word that gave Him life. The season of Lent is a time to return to our Baptism in which our “Old Adam” is drowned in repentance and the “New Man” is made alive through the Word of our Savior. Jesus used God's Word to defeat Satan's attacks. God's Word is our defense too. We especially need to rely on God's promises of forgiveness through Christ. Jesus' ministry began with His temptation in the wilderness, not simply to give us an example of how we can overcome temptations, nor to show Jesus as our coach, who says, “See, I did it, so can you!” Rather, it is to show Jesus as the faithful Man for us, our Savior, who says, “See, I did it for you!” This is why He is our faithful high priest from whom we can receive grace to help us in every time of need.